

Reference: 2117200

Information Requests
information.requests@ofcom.org.uk

24 December 2025

Freedom of Information request: Right to know request

Thank you for your request for information about banned words before the Watershed.

We received this request on 8 December 2025 and we have considered your request under the Freedom of Information Act 2000 (“the FOI Act”).

Your request

I would be interested to know what words/phrases are banned from broadcasting as part of the 9pm watershed. I would also like to know whether phrases containing the words 'Jesus' or 'God' are included.

We have previously published a response to another Freedom of Information request which provides the information relevant to your request: **[List of banned words on TV and radio \(PDF, 180.5 KB\)](#)**

We hope this information is helpful.

Yours sincerely,

Information Requests

Request an internal review

If you are unhappy with the response you have received to your request for information, or think that your request was refused without a reason valid under the law, you may ask for an internal review. If you do, it will be subject to an independent review within Ofcom. We will either uphold the original decision, or reverse or modify it.

If you would like to ask us to carry out an internal review, you should get in touch within two months of the date of this letter. There is no statutory deadline for us to complete our internal review, and the time it takes will depend on the complexity of the request. But we will try to complete the review within 20 working days (or no more than 40 working days in exceptional cases) and keep you informed of our progress. Please email the Information Requests team (information.requests@ofcom.org.uk) to request an internal review.

Taking it further

If you are unhappy with the outcome of our internal review, then you have the right to [complain to the Information Commissioner's Office](#).